## 2023-2024 Schedule

MONDAY		4:15-5:00	5:05-5:50	5:55-6:40	6:45-7:30	7:30-8:15	8:30-9:15
		Beginner Ballet	Intermediate Ballet	Pointe	Advanced Ballet	7:30-8:30 Advanced Contemporary- Lyrical	Advanced Jazz
			Beginner Hip Hop				
				Intermediate Hip Hop	Intermediate Contemp-Lyrical		
TUESDAY				5:55-6:40	6:45-7:30	7:30-8:30	
			5:15 teen/Sr turns & Leaps	Beginner Advanced Contemporary-Lyrical	Intermediate- Advanced Hip Hop	Adult tap- beginner- 8 week class	
				6:00-7 :00 Comp Cont Lyrical	6:45 Bikram Yoga		
WEDNESDAY		4:15-5:00	5:05-5:50	5:55-6:40	6:45-7:30	7:30-8:15	
	12 pm yoga	Beginner Ballet	Beginner Advanced Ballet	ACRO- Kids	Teen Comp	Sr. Comp	
		Preschool	Beginner tap	Beginner Adv. Hip Hop			

## 2023-2024 Schedule

THURSDAY			4:15-5:00	5:00-5:45	5:45-6:30	6:30-7:15	7:15-8:00	8:00-9:00
monsbal			4.13-3.00	Mini Comp	Jr Comp	Intermediate Tap	Intermediate	Adult tap- Advanced- 8 week class
FRIDAY			4:15-5:00	5:00-5:45	5:55-6:40	6:45-7:30	7:30-8:15	8:30-9:15
SATURDAY		9:30-10:00	10:10-10:55	11:05-11:50				
	8 Am Bikram Yoga-	Mommy & Me Beginner Ballet	Preschool	Beginner Adv. Tap				
			Beginner Tap	Beginner Ballet				

Classes Subject to change. \*5 participants minimum to hold a class.

Bikram Yoga Students: Bring your own mats and towels, we do not provide. No showers on property. Prior to attending silent yoga, you must of attended 5 regular Bikram Yoga classes.