



## 2022-2023 Schedule

<b>THURSDAY</b>			4:15-5:00	5:05-5:50	5:55-6:40	6:45-7:30	7:30-8:15	8:15-9:00
				Inter. & Int. Adv Jazz	Intermediate Tap	Intermediate Advanced/Adv. Tap		
<b>FRIDAY</b>			4:15-5:00	5:00-5:45	5:55-6:40	6:45-7:30	7:30-8:15	8:30-9:15
<b>SATURDAY</b>		9:15-10:00	10:10-10:55	11:05-11:50				
	8 am Bikram Yoga- Silent		Preschool	Beginner Adv. Tap				
			Beginner Tap	Beginner Ballet				

Classes Subject to change. \*5 participants minimum to hold a class.

**Bikram Yoga Students: Bring your own mats and towels,we do not provide. No showers on property.  
Prior to attending silent yoga, you must of attended 5 regular Bikram Yoga classes.**